

MONDAY

● **First164yp**

Our meetings are at the following times and platforms:

Begins: Mon-Fri on Skype at 2 PM eastern

Type: Open Skype Discussion Meeting

Notes: To join please send a contact request to 'First164yp' and 'first164yp2' on Skype well in advance of your first meeting, mentioning that you want to join our meetings. Please be on Skype 10 minutes before meeting time and send a Skype message saying "join" to either First164yp or First164yp2. Please do not call. The tech host will call you shortly after you send a 'join' message. Use of a headset with a microphone is recommended to cut down on background noise. Please mute your microphone when not speaking. To strengthen your connection, turn off all other internet applications on whatever computer device you are using when you participate in a meeting.

Contact: Nate **Email:** first164yp@alcoholics-anonymous.eu

Contact: Michael **Email:** first164yp.secretary@gmail.com

<https://alcoholics-anonymous.eu/online-meetings/>

● **5th Dimension Group**

The 5th Dimension Young People's Group of AA is audio/video speaker & discussion meeting that meets every Monday and Wednesday at 9:30PM EST.

We also have a secret Facebook group for building community. If you'd like an invite, you will need to send a friend request to one of us so we can add you. Come to a meeting and friend a member!

Recommended - join from PC, Mac, iOS or Android: <https://zoom.us/j/687118144>

Call in from iPhone with just one-tap (US Toll): 14157629988,687118144#

Call in from any phone: Dial: +1 415 762 9988 (US Toll) Meeting ID: 687 118 144

the5thdimensionaa@gmail.com

● **Alaska Statewide Call in AA Meeting**

We meet by telephone on Monday, Thursday, and Sunday nights at 9:30 pm Eastern Time. We are a newcomer discussion group. Simply call: 1-515-604-9546. Wait for prompt. Access Code : 350333 - Sarah froginalaska@yahoo.com Tandy tandyak@gmail.com

● AA Meeting Online

Online meeting which meets **daily** at **7:30 AM** Eastern and **10 PM Eastern** using GoToMeeting so that attendees may join via Internet Audio / Video and also by calling in to a telephone conference call bridge. This is a closed meeting of Alcoholics Anonymous, which means you need to have a desire to stop drinking if you wish to attend.

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Dial: 1-224-501-3217 and when prompted to enter Meeting Id# 198-341-861

Web Site: <http://www.aameetingonline.com> - Email: bill@aameetingonline.com

● Spark of Hope

Spark of Hope is a closed international online meeting using the Zoom application to host speakers from all around the world. We meet **daily** at **10 PM EST**. Our speaker shares for 15 to 20 minutes on their experience, strength and hope with that topic.

Zoom meeting # is 641-164-1641

Password is 164

Go to [Zoom.us](https://zoom.us) and type in the info above

or

Call in by dialing +16699006833 or +14087403766 and punch in the info above.

Email Contact: sparkofhope164@gmail.com

TUESDAY

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● **Anyone Anywhere AA**

We are a non-geographic, audio-only, AA group that meets Tuesdays and Thursdays at 10:00 pm EST and Wednesdays at 8:30 pm EST. Our Tuesday/Thursday meeting is a story discussion and our Wednesday meeting is a literature reading discussion. All meetings are audio conference calls that can be accessed by telephone or online using the Zoom app (please disable your video before joining).

To join via Zoom, click on this link:

Meeting URL: <https://zoom.us/j/9739556491>

Or install the Zoom app and manually enter: Meeting ID: 973-955-6491

Or by telephone dial one of the numbers below and enter Meeting ID: 973-955-6491:

+1 408 638 0968 (US Toll)

+1 646 558 8656 (US Toll)

If you have any questions about the meeting, please contact:

anyoneanywhereAA@gmail.com

● Men's Online Serenity Group

Meeting **Tuesday** Evenings at **10 PM EST**. This is an closed, on-line, men's, discussion meeting. We pick a reading and topic from the Big Book or the 12 & 12 each week and discuss as a group. We use a video/audio conference service called Zoom. It is super easy to use on nearly any device. Just click on the link below and it will set up nearly automatically after a quick installation. Audio-only participants can use the phone numbers below as well. We recommend connecting a bit early if it is your first time to work out any kinks. If you are having any technical trouble, do not hesitate to email us and we can help you set it up. Hope to see you there.

Join from PC, Mac, Linux, iOS or Android: <https://zoom.us/j/506780518>

Or Telephone US: +1 669 900 6833 or +1 408 638 0968

or +1 646 876 9923

<https://zoom.us/j/506780518>

mensonlineserenity@gmail.com

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Contact: Nate **Email:** first164yp@alcoholics-anonymous.eu

Contact: Michael **Email:** first164yp.secretary@gmail.com

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● **Wednesday Big Book Study**

This is an AA Big Book Study that meets by SKYPE every Wednesday at 2pm EST

We adhere strictly to the AA 12 Traditions.

The purpose of this meeting is to learn from the Big Book how to improve how we each work the 12 Steps. It is open to all AA who (per 3rd Tradition) have a desire not to drink. AA friends and family are also welcome.

We use a question/answer/comment format that takes us through the Big Book paragraph by paragraph looking for the authors' "clear cut directions" in each paragraph. The purpose of the questions is to focus attention on each sentence, or sometimes each word in a sentence. The answer to a question is just to read the next sentence out of the Book or parts of a sentence in some cases.

We pause for comments after each paragraph. During our comments we try to stay focused on finding the principles and guides to progress we see in the paragraph or may directly relate to the paragraph from other parts of the book.

To join: login to Skype; send a Skype message to wednesday1.host (or send email to wednesday1host@gmail.com). Request to be added to the Wednesday call list. The meeting host will call you on Skype approximately 5 to 15 minutes before 2pmEST each Wednesday.

No need to make a new request each week; membership is ongoing unless you request to be removed from the list.

Email Contact: wednesday1host@gmail.com

● **Anyone Anywhere AA**

We are a non-geographic, audio-only, AA group that meets **Tuesdays** and **Thursdays** at **10:00 pm EST** and **Wednesdays** at **8:30 pm EST**. Our Tuesday/Thursday meeting is a story discussion and our Wednesday meeting is a literature reading discussion. All meetings are audio conference calls that can be accessed by telephone or online using the Zoom app (please disable your video before joining).

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● **Spirit of the North**

Every **Sunday** and **Wednesday** @ **10:00pm EST**

Sunday meeting - has a different focus each week - Step, Tradition, Daily Reading, Big Book, Speaker.

Wednesdays - reading from Big Book

To join the Spirit of the North meeting, you will need a computer, tablet or smartphone and internet connection/WiFi.

To join the meeting, Click on: <https://zoom.us/j/8864590234>

You can connect with video or use only audio if prefer.

Call toll free 833-302-1536

Web Site: zoom meeting on zoom.us with PMI #: 886 459 0234

Email Contact: remote.68@area78.org

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THURSDAY

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Contact: Michael **Email:** first164yp.secretary@gmail.com

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● **GRATEFUL ALCOHOLICS WORLDWIDE**

We are a small open meeting. We met on Sundays and Thursdays at 8pm ET on Skype. Audio only. Format varies.

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Our Skype ID is: grateful.alcoholics

Send a contact request and ask to be called into the meeting shortly before the meeting starts.

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Sarah froginalaska@yahoo.com Tandy tandyak@gmail.com

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SATURDAY

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SUNDAY

● **Sober Stogies**

Sober Stogies is a closed, rather unconventional online discussion meeting of Alcoholics Anonymous. We meet weekly on **Sundays** at **Noon Eastern Time** using the Zoom video platform.

What makes us unconventional is our unanimous love for sobriety, spiritual progress and living in our common solution ♦ all while smoking fine cigars! If you♦re not a cigar lover, we hope you♦ll grab a seat in the non-smoking section and join us anyway. We of Sober Stogies are ALWAYS eager to share our experience, strength and hope with smokers and non-smokers alike!

Join Zoom Meeting

<https://zoom.us/j/440227720>

Email Contact: soberstogies@gmail.com

● **Far & Near**

Far & Near: The AA KS District 23 Online Meeting. The Accessibility Committee for KS District 23 welcomes you! Meeting held each **Sunday** at **8 pm EST**. This is a Big Book meeting, so please have a copy handy.

We use the Zoom Web Conferencing platform. You can access the meeting for FREE using a web browser, the Zoom mobile app or by traditional phone. It is easy to join with or without an account.

By computer/phone - Zoom meeting URL: <https://zoom.us/j/114051909>

By Telephone: 1-646-5588665

If you are joining by phone, you will be prompted for our meeting -ID: 114-051-909.

For more details, please visit our website: <http://aa-ksdist23.org/wp/meet/>

Email Contact: access@aa-ksdist23.org

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